You Get What You Settle For! by Monica M. Burns

If you are one of the many people in this world who are suffering from having a miserable life, it is your own fault. Allow me to explain and elaborate.

See....once upon a time, you set standards for yourself in every aspect of your life. You were going to have a certain career, a nice home, a nice car, a nice man, and a nice life in general; but, having your nice career, your nice home, your nice car, and your nice man didn't bring you the level of happiness that you thought you were going to experience once you reached your identifiable level of success. You were taking care of your man...buying everything, paying for all the dinners, his clothes, stroking his ego and so on and so forth, but he had no respect for you. You thought you really had him because after all, you had all the money and the material possessions, in which he utilized anytime at his own discretion.

You were upset with him because "he used you." In all reality, "you allowed him to use you." You get what you settle for in life. He was only doing what you allowed, settled for, and approved. You are an intelligent woman, so why is it so hard for you to find a love that respects and values you as a person? It is because, you have not yet set a high enough value of yourself with yourself. You need to love yourself first, which in turn opens you up to receive the love and respect that you so deserve.

There are reasons why each of us do the things that we do in life, but we have to go back to the roots of why we carry out such behaviors and face it, deal with it, and then leave it. There is not a reason in this life that anyone has to settle. There is always a way out! Set your standards reasonably high and do not get impatient when you feel you are being passed over. It is all in the big picture for you life. The things you are being passed over for are not yours anyway. Be patient and never settle. You are worth way more that you ever thought possible!

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About The Author - Image Consultant/Fashion Stylist

Monica M. Burns is a Writer, Expert Author, and Image Consultant/Fashion Stylist. She is President and Founder of Fabulous Life Image Consulting. She is also Founding Editor and President of Monica M. Burns Inc. Publications and Fabulous Life Image Online Magazine. She is an Expert in her field with over ten (10) years of experience. She has authored several eBooklets and other reading information materials and is a featured Expert Author and Writer on many websites and in many In-Print and Online Magazines. She has also contributed to several poetic anthologies and won awards for her work.

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