

Dumbing Yourself Down To Please A Man

by

Monica M. Burns

If you are one of the many women in this world, who are minimizing your hard-earned Success, your stellar educational careers, your chosen career professions, and your high-level of intelligence so that your man won't feel inferior and intimidated by you....."I Need You To Stop It Right Now!"

There are many women who *"think"* that they really *"need"* the man that they are with, so to pacify him and his many crying & whining spells about how he feels *"less than,"* these same women make themselves seem less qualified in life and in work than they really are, they make their jobs seem less impressive than they really are - *even though you are a high-powered attorney-* and they allow themselves to appear needy. And For What? For a man who wants someone with low self-esteem, no confidence, and someone who he can constantly control. My question is this: *"Didn't Your Luxurious Job Attract Him In The First Place? Then What The Hell Is His Problem Exactly?"* This Is His Problem: When you two met, he was very impressed with your Independence, so you thought. But when he realized that you weren't available for him every time he called, it started to shake him up a bit. Now he's wondering. She hasn't called me yet, and then lo and behold, you call from the office to inform your man that you will be working late tonight on a huge and important case. He paces the floor and starts pouting and allows destructive thoughts to enter his mind such as: *"She can leave me anytime she wants- she doesn't really need me."* *"She is always working late and she is the only woman so high-up in her department."* *"What is she really doing - is she really working late?"* And last but not most certainly not least, *"Maybe if I try to break her spirit and shake up her confidence a bit, she'll need and depend on me more."*

Ladies, not all men are this way, but we have all had our share of those that are. They are insecure and not at all where they wish to be in their lives professionally, so all their frustrations are taken out on you. They want you to feel guilty for your successes and they have ways of making this happen if you aren't strong enough to stand up to them. He knows he should have waited until he was comfortable in life and stable in mind, before he even thought about approaching you. It's his issue.....not yours!

If you are a man reading this - absorb this: *"If you know that you aren't strong enough emotionally, professionally, and financially to stand on your own two feet right now, but, you have a woman who does just excellent by herself; instead of belittling her, crying & whining all the time about feeling less than, and picking fights & starting arguments - why not solicit her help. If you can't do that, then you most certainly are less than. It is utterly ridiculous how you attempt to break the spirits of Successful Women because you've allowed your own confidence and self-esteem to plummet. You can't blame anyone but yourselves for your misfortune! And If you find that you just can't handle it after all, be honest with yourself and let her go. You're standing in the way of a real man who can appreciate a Successful Woman."*

And, if you are a woman reading this - soak up the following like a sponge and saturate your mind with this: "Why do you feel that you need to "dumb" yourselves down for any man? You have worked hard, took a lot of crap from many people on your way up the ladder, dealt with less than impressive personalities, jealousy, envy, harassment, and so on and so forth; but, you forget all of that just to please a man that doesn't even appreciate you. If he did, your Success wouldn't bother him at all. He whines to you on the phone while you're at work. Why isn't he at work? He whines to you about feeling less than. Why isn't he out looking for a job to feel "more than?" What are we missing here Ladies? If he is just sitting there whining all the time, why are you with him? And don't say "Because You Love Him." Although that may be true, but love isn't going to pay his half of the bills Sweetie (even though you are able to pay them all by yourself). He is negatively working on your spiritual being and with you taking on the role as "Enabler To The Lazy," it will start to affect your work, your mind, and your emotional state. Pretty soon, you'll begin to feel tired and fatigued, which will lead to Depression and Stress. And do you know why? Because you have worked all day at your wonderful salaried job, only to come home and clock-in at your hourly second job with no future, no benefits, and no advancement. When does it stop?"

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