

Celebrity Obsessions

by

Monica M. Burns

Every magazine cover all over everywhere in every supermarket, in every bookstore, and on every newsstand are saturated with celebrity photos, skin and bones advertised as the "new look." They are all airbrushed to death and some of the celebrities might not even recognize who they are when they see themselves on the covers. Why? Because they do not really look that way.

Young girls are buying these magazines thinking that it is okay and healthy to look like a stick with hair. They do not understand that being in the celebrity world is all about fantasy. The pictures that you see on the covers of all the fashion and tabloid magazines, are not the true way that these celebrities really look. After the make-up is gone, the fancy clothing are gone, and the entourage are gone.....they are regular looking people.

People are worshiping these celebrities as if they are some sort of higher powers. Take away everything that they have, and what do you have left? Yeah, some of them actually are worth reading about when they are contributing to worthy causes, feeding the hungry, and other charitable life-changing associations, because it sometimes motivates us to want to do more ourselves. But the others that are just on the cover of magazines because they have a different boyfriend every week, making negative comments about another celebrity, or whose getting divorced this month is not interesting enough for anyone to get absorbed into this fantasy world. I mean.....if we want to know who's getting divorced this month, who has a different boyfriend each week, and who are making negative comments about one another, look around you. It happens in ordinary land everyday.

If you are one who finds your inspiration and motivation from celebrities and their situations, don't look too far. Most of what they do included with locations and entourages, are staged and planned. Stop trying to get that facial glow and that exact color of make-up that your favorite celebrity wears, that exact hair color, or that exact color of lipstick because it is a mixture of many different products. It is okay to find inspiration and motivation from celebrities, but do not fully intend on becoming them.....it will never happen and the world might not get a chance to know the beautiful person who is truly you.

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About The Author

Monica M. Burns is President and Founder of Fabulous Life Image Consulting. She is also Founding Editor and President of Monica M. Burns Inc. Publications and Fabulous Life Image Online Magazine. She is an Expert in her field with over ten (10) years of experience. She has authored several eBooklets and other reading information materials and is a featured Expert Author and Writer on many websites and in many In-Print and Online Magazines. She has also contributed to several poetic anthologies and won awards for her work.

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